

logical and philosophy of the Zoroastrian Religion

Dr. Bhesania has been practicing as a Solicitor for well over half a century. However, over the past few years; he has been wanting to spread awareness of the Zoroastrian Religion amongst the youngsters of today, who are multitalented, prone to multitasking and therefore have little or no time to pray leave alone study the religion. Having been in the same predicament in his earlier years, he not 'Only devoted read about our Religion but to make it a point to discuss it 'with learner scholars and priests, to understand the simple logic and profound philosophy .of the Zoroastrian Religion.

Dr. Bhesania feels that an atheist, who believes that every human being, like plants and animals on the earth have just evolved and that life is governed by Chance, Accident or Co-incidence, even if true, is living like a rudderless ship on the ocean of life, drifting aimlessly. On the other hand, Dr. Bhesania believes flu t as revealed by our prophet Zarathustra, there is a divine force called "Ahura Mazda" which controls everyone and every conceivable thing and if one has Faith in "Ahura Mazda" then one's ship on the ocean of life will have a direction and purpose.

Zarathustra has revealed that, "Ahura Mazda" is a force which is Omnipresent, Omnipotent, and Omniscient, and it is "Ahura Mazda" who has created the universe, our planet earth, the five elements of nature and all life which exists on the earth. That of the five elements, Fire, is the most powerful, as without Fire life would cease. It is therefore that the Zoroastrian worship "Ahura Mazda" who has no form, through the medium of his most powerful creation "Fire", which is also the symbol of our religion.

Admittedly **110** two human beings are identical. This is because diversity is the essence of life. As a result of diversity, opposites exist in physical, mental and spiritual forms, like Strong and Weak,

Kind and Cruel, Love and Hate, Intelligent and Dumb. It is the existence of this extreme polarity that causes our world to function. It is also ordained that forces of Good and forces of Evil run simultaneously and in each individual there exists in him God

as well as the devil. Each individual has to constantly endeavour to conquer the evil, which exists within him and then conquer the evil without. The individual alone is responsible for his actions for he has the power to opt for himself *between* good and evil. It is for the individual to choose as advised by ZarthusIstra to become a "RATHESHTAR" that is, a Warrior or Soldier its the army of God — to fight for the good and against evil for the spiritual upliftment and progress of the soul. Zoroastrian Religion is based on the Triumvirate of "Good Thoughts (Humata), Good Words (Hukhta) and Good Deeds (Huvarshtha) as principles to conduct oneself in life.

The other guiding light in ones life is the existence of 'Faith'. Without Faith there cannot be any advancement in any sphere of life. Faith is the steppingstone for progress. When we are faced with an emotional problem, crises or tragedy in our life, we (Alen turn to a friend, philosopher and guide in whom we have faith, for guidance and sympathy besides asking God for help. It is the faith in God and Trust in his righteousness that helps as sail through our ordeal.

To maintain a state of well-being at the spiritual, mental and emotional levels, it is necessary to wear the 'Sadra' and the 'Kasti', our spiritual undergarments, which create around as forces of spiritual energy and empowerment against the forces of evil. Dr. Bhesania therefore exhorts our youngsters never to discard this only Zoroastrian identity and recite the `Kasti" prayers atleast twice daily and recite the oral prayers whenever one can — it could be while one is dressing, while traveling, just about anywhere at any time with Faith in Ahura Mazda.

Dr. Bhesania strongly feels that there is no point in singing the Zoroastrian National Anthem "Chhaiye Hame Zarathosti" written by Kavi Phiroze, if we have to add "Pun Vague Sadro and Kasti".

- Editors Comments: Dr. Bakhtiar Bhesania has laid out the profundity, innate wisdom and knowledge of our glorious Mazdayasani religion in a very simple style, which every individual should follow with a sparkle in his eyes, faith and belief in his heart and fathom and understand the beauty, bounty and plentitude that Mother Nature has bestowed upon us.